

# Meridian Health Assessment

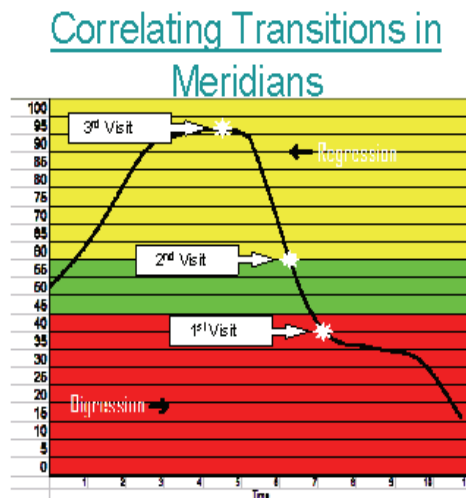
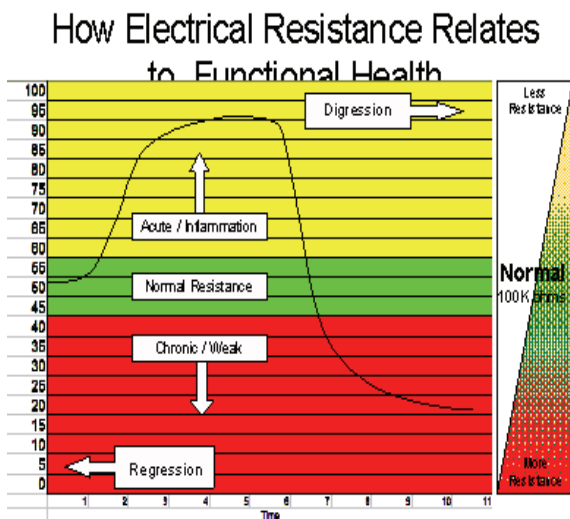
This revolutionary profiling tool provides the practitioner with objective patient data that assists in determining what major systems and organs of the body are stressed or weakened within the identified phase. This information, including MHA testing data, profiling information, phase determination and patient symptoms is combined and analyzed to drive the practitioner to the optimal protocol.



Assessments are repeated at regular intervals to track the response and recommendations will be provided as your body's systems move into balance. This makes a reproducible test that lets us know if you are making progress.

As we age, our bodies are under constant bombardment from the environment, life experiences, etc. The body is in a continuous wave of acute/inflamed or a stressed state and a chronic or weakened state.

This test is virtually painless. It works very similar to an E.K.G., where electrical impulses are recorded onto a graph then interpreted. Below are a couple of diagrams showing the curve and showing how change is noted.



# Meridian Health Assessment

## WHAT IS IT?

Meridian testing is a noninvasive method used to assess the energy meridians (channels) of the body, and it can tell you:

- The functional status of your meridians and their related organs, systems, or functions, by determining if they are stressed, balanced, or weakened, and by how much.
- Which specific nutritional products may bring your unbalanced meridians back to balance.
- If a product you have is harmful or beneficial.

This process involves measuring electrical conductivity at responsive points (meridian points) on the skin – typically on the hands and feet. The locations of the test points generally correspond to those of acupuncture points. These measurements are recorded to help provide a profile of a patient's present condition.

This program is just 1 step Dr. Horn has to offer regarding your health & nutrition. Depending on your test results, Dr. Horn may suggest further tests as necessary at this time or suggest a more intensive program to help meet your needs.

## WHO WOULD BENEFIT FROM THIS TYPE OF STRESS TESTING?

This test would benefit anyone interested in examining and improving the functional energetic status of their own bodies. This applies to those who are unwell and looking to improve their health as well as those who have no diagnosable illness but would like to optimize their current state of health and possibly prevent future negative health issues.

**"The doctor of the future will give no drugs,  
but will interest  
his patients in the care of the human frame, in  
diet,  
and in the cause and prevention of disease.  
-- Thomas A. Edison**

## WHAT SHOULD I EXPECT DURING AN EXAMINATION?

The examination is performed by testing sixty-two different acupoints on both hands and feet which relate back to the energy channels and their related organs, systems, or functions. This testing does not involve needles, only a stylus is used to send a very small electrical current (not a shock) through each point, which is recorded and analyzed by the computer system. There is no pain with this test.

After the initial measurements have been taken and recorded, the results can be reviewed. If stress values are above or below equilibrium, a computer database linked to this system will allow consideration of a wide range of possibilities that might help the client regain a healthy balance. The system works with thousands of herbal, homeopathic, and nutritional products. You can even bring your own.

Overall, MHA provides a completely non-invasive method for gaining valuable information about the body's vital functions. The primary objective of this procedure is to disclose patterns of stress and to provide feedback for use in a program to help restore each system and meridian to an appropriate balance.



Over many years our Western society has offered us the means to pollute our bodies to such an extent that they no longer function properly. We eat too many "junk foods." We skip meals or eat too much. We eat for convenience rather than for health. Many smoke and drink, filling their bodies with health robbing poisons. We're knotted up with emotional stress from marital, family, occupational, and financial problems.

### **HOW MANY TIMES WILL I HAVE TO BE RE-TESTED?**

It is recommended that you return on a monthly basis until balance has been fully restored to all of your energy meridians. How long this will take depends on how far out of balance you are, your compliance with the nutritional regimen, and what your personal functional health goals are.

*Be patient and remember that there are no unrealistic goals, just unrealistic time frames in which to achieve those goals.*

Then we finally get sick. We develop headaches, indigestion, gas, allergies, chronic stiffness of muscles and joints, and a host of other health problems. We're tired all the time and put on weight. We think it is normal to be "over the hill" at 40. However, that is NOT "normal", though it is very common.

### **WHAT IS THE COST, AND WILL INSURANCE COVER ANY OF IT?**

The cost for the initial exam and report is \$135.00. Any follow-up testing which includes the same full work-up and report is \$75.00. This does not include any nutritional products you may need to purchase. Payment is expected at the time of service. Insurance will not cover this investment in your health.