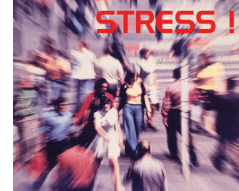


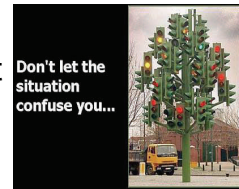


## The Ultimate Anti-Aging Compound?

*How about a pill that helps protect the cardiovascular system, decreases cholesterol, is anti-diabetic, antifungal, an antioxidant, may help prevent cancer, decrease your appetite and could extend lifespan up to 30%? Does this sound too good to be true?*



Perhaps not! Recent research on just such a product was purchased by one of the major pharmaceutical companies for over \$800,000,000.00. Expect the current approval process to take between 5 to 8 years before the concentrated drug version is available.

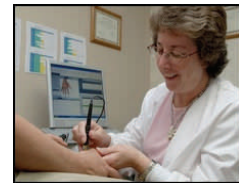


*But what if we could do something now?* Eight years is a long time to wait! There is such a patented product available in our office now. The combination of Pterostilbene, Resveratrol and Quercetin is in an exclusive patented product called **Resveratin**.



Let's take a simple look at the two main ingredients.

Resveratrol (res-ver-a-trol) is a natural plant chemical that offers a lot of therapeutic potentials. Resveratrol is present in a lot of plant species; many of which we do not eat. However it is also found in grapes, blueberries, red wine, peanuts and peanut butter. Wine is considered the most dominate dietary source. Plants produce resveratrol as a response to stress such as injury, infection, water deprivation, ultraviolet light irradiation and fungal infections.



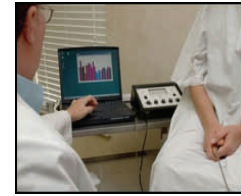
Pterostilbene (tero-stil-bene) is a very similar plant chemical to resveratrol and they are often found together. Pterostilbene has been shown to have many of the same advantages as resveratrol plus a few additional. Pterostilbene has activities that are antifungal (5 times that of resveratrol), cancer preventive, cancer cell toxic, antioxidant, cholesterol lowering and anti diabetic. In fact,



antioxidant, cholesterol lowering and anti diabetic. In fact, many of the studies are showing the natural product has better results than similar drugs (ciprofibrate for cholesterol and metformin for diabetics).



Is this the ultimate Anti-Aging compound?



**We have long known that decreased caloric intake increases lifespan in mammals.** This increased lifespan is believed to take affect by activating the SIRT1 enzyme (genetic expression). Studies on Resveratrol have shown that the physiology of middle aged mice on a HIGH CALORIE diet are shifted towards that of mice on a standard diet and produces changes that are associated with a longer lifespan. Analysis of gene set enrichment showed that resveratrol opposed the high calorie diet in 144 of 153 altered pathways! *Resveratrol works with sirtuin genes. Sirtuin genes appear to be responsible for preserving the lives of cells.* Sirtuin genes influence age related diseases such as cancer, heart disease, osteoporosis, diabetes and neurodegeneration. So not only do the subjects live longer they age with less problems!



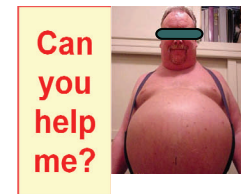
The problem with resveratrol is that about 75% of it is excreted by way of the feces and urine! ***This problem has been greatly reduced with the patented formula available now.*** Methylated resveratrol (pterostilbene), in conjunction with controlled delivery resveratrol and quercetin, leads to improved uptake and stability with more pronounced benefits than regular resveratrol. *This methylated version shows approximately a 5 to 8 fold higher apparent permeability than unmethylated versions.*



**We have had used this product for almost a year now in the office with wonderful results from the patients.**

*Why wait?*

Come in and ask the doctor if Resveratin would be something you would benefit from.



Our commitment is to your health and well being. We strive to offer the best care and [products](#) at reasonable prices and depend on patients like you to refer others who can benefit from our services.

[Link to the CBS 60 Minutes program on Resveratrol here](#)

We encourage you to go on our website at [http://www.resveratrol.com](#)

We encourage you to go on our website at [www.mydrhorn.org](http://www.mydrhorn.org) to see additional information. As we continue to add to the website it will provide even more information you can use. We also encourage you to use our “blog”.

## *Dr. Roy Horn, DC, FIAMA*

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